# Module Details

**Module Code**
3217

**Module Title**
Advances in Training the Equine Athlete

**Module Leader**
Jo Charles

**School which owns module**
SEMS

**Programme(s) to which module belongs**
- BSc (Hons) International Equine and Agricultural Business Management (elective)
- BSc (Hons) Equine Management (elective)
- BSc (Hons) Equine Studies (Honours Year) (elective)

**Module Level**
6

**Module Credits**
15

**Pre-Requisites**
2015 or equivalent

**Minimum Study Time**
150

**Contact Hours within Study Time**
40

**Teaching Period**
tbc

## Module Content

## Module Outcomes
To achieve credit for this module, students must be able to:
1. Critically evaluate scientific literature relating to exercise physiology to justify appropriate training techniques for a specific discipline.
2. Appreciate the various methods used to evaluate the athletic potential and fitness of an equine athlete.
3. Design a training regime appropriate for an equine athlete competing in a specific discipline.

## Assessment

<table>
<thead>
<tr>
<th>Assessment</th>
<th>Description</th>
<th>Weighting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coursework</td>
<td>Written assignment</td>
<td>40%</td>
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<tr>
<td>Examination</td>
<td>3 hour exam</td>
<td>60%</td>
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Key Text:
Students should be familiar with the content of at least one of the following:


Supporting Texts:
Other supporting information

Journals and conference proceedings:
Equine exercise physiology 7 [Equine Veterinary Journal supplement 36]: proceedings of the seventh international conference, 26-31 August, 2006, Fontainebleau, France edited by B Essen-Gustavsson
Equine Comparative Exercise Physiology: The International Journal of Animal Exercise Physiology, Biomechanics and Nutrition
Equine Veterinary Journal
International Conference on equine Exercise Physiology (latest is 9th ICEEP 2014) available at www.iceep.org
Journal Equine Veterinary Science
Veterinary Clinics of North America: Equine Practice

Useful websites
http://www.ker.com/research/
http://www.davidmarlin.co.uk